

Guardian Academy Success Program

Contents First. For Details, Continue Below

READING* - with 1+ Page Reports per Book

Read the Classic:

Think and Grow Rich by Napoleon Hill,

Choose Five from the Following:

General:

Cracking the Millionaire Code by Mark Victor Hansen and John Allen,

Rich Dad, Poor Dad by Robert Kiyosaki

Seven Habits of Highly Effective People - Stephen Covey

Awaken the Giant Within - Anthony Robbins

If you own your own business (or would like to):

The E Myth by Michael Gerber

Cashflow Quadrant by Robert Kiyosaki

Anything else by Robert Kiyosaki

Anything by Jay Abraham

Anything by Paul Pilzer

If you are in management or supervision (or would like to be):

360 Degree Leader - John C. Maxwell

Leadership Gold – John C. Maxwell

In Extremis Leadership - Thomas Kolditz

Choose 6 more books of your choice

Suggested: Any of the books from the above list you did not choose.

Suggested for Parents:

Developing the Leader in Your Child - Tim Elmore.

Anything (everything!) by John Rosemond.

Suggested for All Leaders:

Anything by John Maxwell, top recommendations:

25 Ways to Win with People

21 Irrefutable Laws of Leadership

Psycho-Cybernetics by Maxwell Maltz,

The Laws of Lifetime Growth by Dan Sullivan and Catherine Nomura.

Anything by Stephen Covey, top recommendation:

8th Habit

** An Unabridged Audio Book Qualifies as Reading, an Abridged Audio Book Qualifies as Half a Book, but does count as having read the book. If you did all four required books by Abridged Audio, you would have six more books to read. If you use audio books, it should be due to schedule limitations, not because you "don't like reading." You may use nonfiction books you are reading for school as four of the books. Focus your report on information you learn from the books that are useful for leadership.*

AUDIO/VIDEO – with 1+ Paragraph Reports per Audio/Video program
36 Hours of Audio Listening (each hour of Video counts as 2 hours Audio)

Top Recommendations:

Think and Grow Rich by Napoleon Hill
Great Supplement to Reading the Book!
The Science of Personal Achievement by Napoleon Hill

Additional Recommendation for General Financial Leadership:

Lessons from the Richest Man Who Ever Lived by Steven Scott
Mentored by a Millionaire by Steven Scott
The Power of Perpetual Income by John Cummuta
The Power of Passive Income by Nightingale Learning Systems
Wealth Magnet by Dolf de Roos
How to Built Wealth Like Warren Buffet by Robert Miles
Rich Dad Secrets by Robert Kiyosaki
Beat the Time/Money Trap by Michael LeBoeuf

If you would like to own your own business:

48 Days to a Six-Figure Income by Dan Miller
Wealth Without a Job by Andy Fuehl

If you own your own business (or would like to):

Your Secret Wealth by Jay Abraham
93 Extraordinary Referral Systems by Jay Abraham
The E Myth Seminar by Michael Gerber
Great Supplement to Reading the Book!

Suggested for All Leaders

This I Believe by Vic Conant
Leadership Mastery by Dale Carnegie Foundation
The Strangest Secret by Earl Nightingale
Achieving Credibility by James Kouzes
Anything by Anthony Robbins
Anything by Brian Tracy
Anything by Earl Nightingale

Suggested to Build Confidence

The Maverick Mindset by John Eliot
One Small Step by Robert Maurer
The Science of Self Confidence by Brian Tracy
The New Psycho-Cybernetics by Maxwell Maltz

USING THE GUARDIAN MARTIAL ARTS PROGRAM

The highest end seminars include physical activities that provide metaphors for life. Sometimes it's something as dramatic as walking on red hot coals or skydiving. Others are less dramatic like a ropes course or team building game. The points are always the same: Use it as a metaphor, find meaning in it, and go apply the principle.

METAPHOR

MEANING

PRINCIPLE

We recommend you train in all three programs, but if that is not reasonable for you, pick two, or even one.

Download the notebooks for free or buy copies. Listen to the lectures during class. Read them in the notebook. You will see obvious lessons – but look for the more subtle lessons, too. Write down any useful insight in a journal..

Learn the physical technique of the day. Use it as a metaphor. Find meaning in it. Apply the principle. Write your thoughts.

There will be days or weeks where you get a LOT of ideas. There will be others where you feel lucky to just learn the physical technique. If you get one Really Big Idea a month, you will be learning more and doing better year over year than the average super achiever. They will typically attend one high end seminar a year with this sort of learning. They might get three or four great ideas. If you get one a month, you'll have a dozen each year!

INSIGHT JOURNAL

Keep an Insight Journal. Write down what you learn, what you think, and what you think you're beginning to figure out. Even if your thoughts are incomplete, write down the beginning of the ideas you're having.

Maybe you have a thought that swords are heat tempered and must be both flexible and sharp. It feels like that might be important, but you're just beginning to sort through that thinking. Maybe you think about how men and women can grapple with dignity and respect in Guardian Jujitsu and consider its implications to mixed gender work teams. Whatever your thoughts, if you think they might LEAD to important ideas, write them down.

From time to time, look through your journal. You might find new ideas coming together that can make all the difference in the world!

A Story for the Ages!

Want to do what the most successful people in the world do?

In times of chaos, the Great Ones rise to the challenge.

They are men and women of ACTION.

They Learn. They Grow.

They Out-Grow the Chaos.

When others are hiding and holding on, they are out there becoming more than they've ever been.

With their lives, with what they DO, they write a Story for the Ages!

It's a story that can be told for generations.

"This is what happened. This is what I did."

They prove themselves HEROIC.

Everyone talks. It's the rare ones that DO.

What do you choose? What's your plan?

I CHOOSE TO MAKE MY LIFE A STORY FOR THE AGES

Against all threats, there are two broad philosophies you can use: Defensiveness or Assertiveness. The most successful people in the world are Assertive! They make their lives an adventure. They live a life that is a story well worth telling. Their stories can be told to their children, grandchildren and generations to come. That's the life they live!

Defensiveness is "normal." In tough economic times, it means worry, maybe even panic. It means fretting over every dollar. It is seeing everything that can go wrong. It means panicking over one's job, house value, and sinking into despair over the hopes for the next generation.

Assertiveness is "super normal." It's Heroic. Assertive is moving forward with maximum respect for the rights and interests of others. (Aggressive has no regard for others.) In times of chaos, the Great One rise to the challenge. They take ACTION. They are ASSERTIVE. They are the knights that stand on the field of battle and see the dragon coming. When others scream and run for the hills, this knightly one drawn his or her sword and readies for battle.

Assertive People know "If I get better faster than life gets harder, life gets easier and easier." They learn. They grow. They out-grow the chaos. They get bigger than the problem. Others may hide, or just hold for dear life – but Assertive People are busy becoming more than they've ever been. They want their lives to tell a story that can inspire generations. They want to be the people who can say to their children and grandchildren "This is what happened. This is

what I did.” They want to set the pace. They want to BE the lesson for generations to come. They prove themselves HEROIC.

In the Guardian Martial Arts, you learn that your first thought is “protect,” and your immediate second thought is “restore peace.” For instance, if someone punches, you defend against the punch and then do what you need to do to restore peace. Sometimes you step back, sometimes you move in. Sometimes you talk, sometimes you fight. It all depends upon what will most effectively solve your problem.

For financial self-defense, you do the same thing. First, you make any immediate moves you need to make for instant safety. You might cut out all unnecessary spending. You might cancel unnecessary large expenses. You might defer other investments. This is the defense – usually just the first move of a martial arts technique.

Then you automatically go into problem solving mode. The defense buys you time to evaluate your situation and respond effectively. Fear would put you permanently in defensive mode, and that means that the problem will just hammer you until it eventually catches you. Violent criminals win if all you do is curl up and hope they will go away. They eventually win if you always think defensively. You need to choose an effective course of action.

This shift in thinking seems obvious to some – but for most people this is an alien way of thinking. Every warrior learns to think this way. In the Guardian Martial Arts, this is what we practice when we train physically. With our body, we are training a Philosophy of Assertiveness. By training our body, we train our mind.

In the Guardian Martial Arts, we also know that you must know so you can do. Even if you have an effective philosophy – Assertiveness – you still need to know what to do. For physical self-defense, you learn Karate moves and Jujitsu techniques. For financial self-defense, you learn money moves and economic techniques.

The Guardian Academy does more than say “apply the principles.” If you are going to take massive action to make your next 120 days a Story for the Ages, you need more than just “go do stuff.”

For some people, the problem is that they already know what to do, they just haven’t gotten themselves to do it. For them, just training in the physical philosophy is enough. Most of us need more. So we give you more.

We give you amazingly powerful, practical lessons that can transform your thinking and guide your choices. *48 Days to a Six Figure Income* by Dan Miller. *Take it to the Next Level* by Marshall Goldsmith. *Think and Grow Rich* by Napoleon Hill. *Lessons from the Richest Man Who Ever Lived* by Steven Scott. Tony Robbins. Brian Tracy. Jay Abraham. Robert Kiyosaki. These lessons, these teachers, the programs they have produced – they are all available in our library to help you take the principles and philosophy you are learning and apply it to your financial life.

As you earn your Black Belt in Martial Arts, you can also earn a Black Belt in Financial Arts. Two out of three people will go their whole lives without being the victim of a violent criminal. That means that one out of three will use their fighting skill to stop a criminal. *Everyone* can use the principles for financial victory!

Everyone talks. Too much of life is filled with “should’a, could’a, would’a.” There is not one blessed thing we can do about any choice we made up to this moment. Yesterday is gone. We did what we did, we landed where we landed, and we are right here right now. We stand in this moment in time – and we have a decision to make.

What do you choose? Do you choose to make your life an Epic Adventure? Do you choose to unleash everything in you to find out what God made possible for you? Do you make your next 120 days a Story for the Ages? Imagine... being the story. YOU are the book. You are the trail blazer. You are the shining example. Later, when your CHILDREN face total chaos... YOU could be the example. “Yes, I faced total chaos. I faced it this way....”

What is your plan? We recommend physical training to train your body and brain to work together, solve problems, and always move forward. We recommend audios to keep feeding your mind with powerful, effective lessons. We recommend books to expand your thinking and make you much more expert at many aspects of life. That’s our recommendation. That’s our plan.

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A \$10,000 a year program for only \$2,400 a year.

We were told we only charge about half what we’re worth, and we should charge for all the add-ons... We did what the consultant said... and we ended up with a much higher number than we could have guessed!

Want to know what makes the Guardian Academy program worth \$10,000? It would have to be a pretty spectacular program to really be worth that, wouldn't it?

Many high-end, high-quality studios charge about \$20 per class. If you maximize your use of our program with us, you pay less than \$10 per class.

We provide valuable add-ons that easily triple the value of the program if you really make use of them. It's included because our goal is your growth.

What is one of best known secrets of the successful? "The Car Classroom." They listen to useful information in their car. John Maxwell of GiantImpact.com says that he has never seen a successful person who has any idea what's on their car radio. They always have an audio training program playing in their car. Their car is their classroom. They use their commutes to listen and learn.

Sounds simple enough. There are a couple of problems for most people:
1. The cost of the programs. 2. Getting good programs.

Audio programs average about \$100. Most people cannot afford to invest \$400 a month in audio programs to keep learning and growing! It's a double-bind: They need the growth to get the money, they need the money to get the growth! The Guardian Academy Success Program solves this problem.

The Guardian Academy has a substantial library of audio programs available to students. Our audio library provides access to thousands and thousands of dollars worth of audio programs. We add programs regularly. This one benefit alone is worth \$400 a month. Each program has been listened to by one of the leaders before putting it in the library.

Our book library consists of thousands of dollars in books. We have a collection of martial arts training videos, too, and a collection of movies as well. Another habit of the super successful is reading. Typically, they will read a book a month that help them professionally or personally.

Top Executives earning more than a quarter million dollars a year attend very expensive seminars, retreats, and training events. They do physical activities that serve as a metaphor for an important aspect of life. They might skydive as a metaphor to break through fear. They might break arrows or walk of hot coals to find out that more is possible than they know.

They know what it's worth. That's why they will pay \$1,000 a day or more to attend these events. They take full advantage of the lessons and use it

in their professional lives. That's why they are the rising stars. They know what information is worth. They keep learning. They keep growing.

They might attend a week long course every year. They would go to weekend courses a few times, too. They would learn more in a few days than they could possibly remember or use. At best, they will take one or two ideas back to work and actually use them. But a few good ideas a year are enough to transform their careers. Every week, twice a week, for up to three hours in a night, you get to learn and practice physical metaphors.

Instructors often explain how the principles apply to other areas of life. You're smart. You can find many others even without the instructors walking you through every step. That's what top-of-their-game achievers do. Rather than a "idea dump" all at once, you get an idea here, an idea there. Chances are you will get one great idea every month or more, and the accumulation of ideas can transform your career, your school, your household, and your health and fitness.

Start with the basics. Every class has a five minute talk during exercises that repeats two or three times. Those are the obvious lessons. Within the physical lessons you will find many other important metaphors that can supercharge a critical area of your life – your intimate relationships, your career, your school, or your business.

What do the programs cover?

Karate. Classic Program of Martial Arts, Principles, and Character.

Jujitsu. Ground Fighting, Grappling, Emotional Insight and Self Control.

Kobujitsu. Weapon Training, Spiritual Discipline, Biblical Spirituality.

For physical fitness, every Guardian Art includes a conditioning and flexibility program that works on strength and body control appropriate to the art. It is a great fitness and physique program for those who invest in proper execution of the exercises. If physique transformation is one of your goals, make certain you include the breathing as part of your movement and follow our diet recommendations. You can steadily melt away a pound of fat a week, build muscle, and find yourself able to do things you never knew were possible for you.

The Guardian Martial Arts also has an excellent track record in combat. 20 years. 26 criminal assaults. The criminal (and in one case, criminals) was defeated each and every time. The included 5'2" women, sixty-something year old men, and two students who suffer from medical disabilities. The arts work. Train properly, and you can know that others are safer because

you're around. Learn what we teach, and you can feel more secure when you're out and about with your family and your children.

If we just charged for our martial arts program what just the martial arts program is worth, we would ask for \$420 a month for tuition. We set up our tuition the way we do it to encourage people to train in more programs rather than fewer. We want people to get the maximum benefit for being here. We want to make certain that the value we provide far exceeds the tuition we charge.

If we just sold you the audio programs, you would spend anywhere from \$60 to \$300 for a single program. If we sold you the books, you could spend another \$25 a month on books.